

daily walking tracker

FOR THE MONTH OF:

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WEEK 1:

TOTAL WALKS:

MONDAY 	TUESDAY 	WEDNESDAY 	THURSDAY 	FRIDAY 	SATURDAY 	SUNDAY 
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WEEK 2:

TOTAL WALKS:

MONDAY 	TUESDAY 	WEDNESDAY 	THURSDAY 	FRIDAY 	SATURDAY 	SUNDAY 
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WEEK 3:

TOTAL WALKS:

MONDAY 	TUESDAY 	WEDNESDAY 	THURSDAY 	FRIDAY 	SATURDAY 	SUNDAY 
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WEEK 4:

TOTAL WALKS:

MONDAY 	TUESDAY 	WEDNESDAY 	THURSDAY 	FRIDAY 	SATURDAY 	SUNDAY 
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WEEK 5:

TOTAL WALKS:

MONDAY 	TUESDAY 	WEDNESDAY 	THURSDAY 	FRIDAY 	SATURDAY 	SUNDAY 
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